

2011 ASA TRAVEL TRYOUT GAMES

Evaluators: Please note that these games have been designed to accommodate SIX (6) different groups. Accordingly, the entire pool of players should be divided into SIX groups, as close in size as possible.

There are SIX (6) different stations, with the option of a seventh Station for any groups that have a large number of players.

STATIONS 1 and 2: Scrimmage

Field Set-Up:

- 75 x 50 Yard field (South School and Deyermond use full U-12 field)
- Flags for goals, or portables as available.
- Group 1 should be without the extra pinny, evaluators will have additional opportunity to see and review players at station 2

Rules:

- Two different groups play against each other
- The station 2 group puts on pinnies for their second game
- No goaltender

What to look for

- Evaluators should concentrate on Station 1 first with Station 2 as an opportunity for additional view on players that may be bubble for the drills
 - General field sense and movement away from ball
 - Technical skills (passing, receiving, dribbling)
 - Speed on offense and defense
 - Transitional skills
 - Defensive skills
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STATION NO. 3 - 1v1 Defender with shielding and dribble to goal

Field Setup:

- Set up a 15x20 yard grid

Rules:

- Player at each end, one with ball.
- Attacker tries to pass defender, foot on ball at end of space.
- If defender wins ball, tries to carry ball to attacker's end.
- Both players to defend and shield

What to look for:

- Defensive tactics and skill set
- Dribbling skills
- Shielding
- Turning skills
- Foot skills under direct pressure

STATION NO. 4 - Small Sided End Zone Game – 3 v 3 or 4 v 4 wall ball

Field Setup:

- 3 v 3 or 4 v 4
- No goaltender
- 30x50yard field, 3 yard end zones

Rules:

- Run the drill at 3 v 3 or 4 v 4
- Attacking team scores by making a pass to a teammate and scoring to the end zone, collected under good control and trap
- When a team scores, switch to attacking the other end zone
- Extra players act as a wall to pass to and from

What to look for:

- Teams creating width and depth
- Movement of players off the ball.
- When to dribble, when to pass?
- Passing accuracy.
- Passing into space.
- Receiving and protecting ball.

STATION NO. 5 - Four Corners Game

Field Setup:

- 30x30yard grid
- Set up four small box goals in each corner (approx. 2 yards wide)

Rules:

- Divide group into even sides.
 - o Assign odd player as neutral player
- No goalkeepers
- Goal scored by dribbling into box or passing to teammate inside box
- Either team can score in any box
- Cannot score in same box twice in a row

What to look for:

- Possession skills
- Defensive skills and field tackle

Field sense:

- Passing skills
- Movement away from ball
- Calling for ball

STATION NO. 6 - Shooting

Field Setup:

- Set up a 20 x 20 grid
- Use a two pugs goals to shoot for accuracy, or relocate 1 small goal or portable
- Evaluator or mentor passes a strong pass flat to the shooter

Rules:

- Split players into two groups
- One group line up by left side off the field, second by right side off the field
- Coach serves ball to the player at the 18 yard line or several yards in front of goals.
- Player dribbles ball across to center and shoots.
- Shooter fetches ball to coach, gets in back of opposite line.
- DO NOT cross in front of goals, shooters should go around
- Do not criticize shooter if pass is not accurate or flat

What to look for:

- Shooter receives ball well.
- Move with first touch
- Dribble in control
- Firm shot on net.
- Shoots without hesitation
- Can shoot with both feet.

STATION NO. 7 – OPTIONAL FILL ON LARGE GROUPS

Target Kicking with Receiving

Field setup:

- Set up two cones 6 feet apart
- Set up another 2 cones 6 feet apart, 25 yards away

Rules:

- A line of players at each end.
- All balls at one end, call this the kicking end.
- At receiving end player stands between cones
- At kicking end, player attempts a foot to foot pass to receiver.
- Start with right footed passes from kicker.
- Receiver controls pass, dribbles ball up to kicking end, gets in line there.
- Kicker gets in line at the receiving end.
- After a while, switch to making passes with left foot

What to Look For:

- Accurate kicks to foot of receiver
- Not too hard, not too soft
- Good control on receiving end.
- Movement of ball from first touch
- Use of both feet by receiver
- Use of both feet by kicker